

BEFAR

national
equine anti-doping
& controlled
medication rules
> GET INFORMED

BEFAR is the shorthand term used to refer to the British Equine Federation Equine Anti-Doping and Controlled Medication Rules. These Rules apply to all members of the BEF FEI disciplines, that is British Dressage, British Equestrian Vaulting, British Eventing, British Horse Driving Trials Association, British Showjumping, Endurance GB and British Reining.

RESPONSIBILITY

Strict liability is an essential principle of BEFAR. This means that the Person Responsible is held personally liable for any Prohibited Substance found in the horse's system, no matter how it may have got there.

PERSON RESPONSIBLE

If you are the rider, driver, or vaulter of a horse, then you are automatically the Person Responsible for the horse and will be held accountable for a BEFAR rule violation. This is true even if you are riding, driving, or vaulting a borrowed horse. In the case of a rider, driver, or vaulter who is under the age of 18, their parent or legal guardian will be the Person Responsible on their behalf. However, the young person will still be eliminated from the relevant competition if a Prohibited Substance is found or a BEFAR rule violated.

WHAT ARE YOUR RESPONSIBILITIES?

- To stay up to date with the latest Prohibited List.
- To check the status of any substance before use, even if it has been prescribed by your vet.
- To NEVER use a Banned Substance.
- If a Controlled Medication Substance has been prescribed by your vet, to ensure that the vet has completed and signed a Medication Form, if you intend the horse to compete.
- Know, understand, and follow BEFAR.

EQUINE PROHIBITED LIST

Prohibited Substances are set out in the Equine Prohibited List which you can find on the FEI Clean Sport website at www.feicleansport.org

The List identifies the substances that are not allowed in competition, and indicates whether they will be treated as a Banned Substance or a Controlled Medication Substance. You should know that any substances that have the same biological or chemical effect as a Prohibited Substance are similarly prohibited, even if they are not named.

This is the same list as is used for international competitions.

PROHIBITED SUBSTANCES

There are **TWO TYPES** of Prohibited Substance:

Banned substances: which have no place in equestrian sport and should never be given to a horse.

Controlled medication substances: which are often legitimately used in equine medicine but are still prohibited in competition.

COMMONLY USED CONTROLLED MEDICATION SUBSTANCES

These substances are prohibited in competition, even though they may legitimately be used in equine medicine:

- **Non-Steroidal Anti Inflammatory Drugs** (NSAIDs), including phenylbutazone ('bute'), flunixin (Finadyne®).
- **Sedatives**, including acepromazine (ACP), detomidine.
- **Corticosteroids**, including dexamethasone, triamcinolone acetoneide.
- **Colic treatments**, such as buscopan.

- **Local anaesthetics**, including lidocaine and mepivacaine.
- **Respiratory therapies**, including clenbuterol (Ventipulmin®), demborexine (Sputolysin®).

NOTE that this is not an exhaustive list. For the full list, please refer to www.feicleansport.org

IF YOUR HORSE BECOMES ILL OR INJURED

If your horse needs to be given a Controlled Medication Substance and is scheduled to compete soon, you must discuss the options with the vet that treats your horse, bearing the following in mind:

- Your horse must be 'clean' at the time of competition.
- Your vet may be able to prescribe something that is not prohibited.
- If your only option is to use a Controlled Medication Substance and your vet advises that it will still be in your horse's system at the time of your competition, you should not compete.

NATIONAL EQUINE THERAPEUTIC USE EXEMPTION ('NETUE')

If your vet advises that the Controlled Medication Substance should no longer be in your horse's system at the time of competition and you make the decision that you will compete, you will need to apply for a National Equine Therapeutic Use Exemption (NETUE).

An NETUE can only be applied for, and granted, for a Controlled Medication Substance and never for a Banned Substance.

HOW TO GET AN NETUE

1. You and your vet will need to complete a Medication Form at the time that the horse is treated.
2. If your horse is selected for testing at the competition, your completed Medication Form must be handed to the Testing Vet at the time of the test.
3. Within 10 days of that test being taken, you must apply to the BEF for an NETUE.

You should note that there is **NO GUARANTEE** that an NETUE will be granted.

FOR FURTHER INFORMATION AND ACCESS TO:

- NETUE Guide
 - NETUE Application Form
 - BEFAR Medication Form
 - Athlete's Guide
- Please refer to www.bef.co.uk (Under Information for Competitors)

Check the
Prohibited
List at
feicleansport.org

TESTING

Your horse can be tested at any time during competition, from arrival at the Event venue to half an hour after the announcement of the final results of the last competition at the Event.

WHO CAN BE TESTED?

If you are competing in the UK, your horse can be tested in-competition.

WHAT HAPPENS IF YOU REFUSE?

If you refuse to let your horse be tested, this in itself can constitute an anti-doping/controlled medication rule violation and you will be subject to sanction.

WHO DOES THIS MEAN?

If you commit an anti-doping/controlled medication rule violation you could be excluded from taking part in any sporting event for a specified period and/or could be required to pay a fine and your results from competitions disqualified.

WHAT ARE MY RIGHTS?

During the testing procedure you have the right to:

- Be notified by a testing official or steward with official identification and evidence of his/her authority from the BEF to test.
- Observe the process.
- Request information on the testing procedure.
- Submit a Medication Form to the Testing Vet where appropriate.
- Record any comments or complaints on the testing form.
- Receive the 'Person Responsible' section of the Medication Control Form at the end of testing.

SELECTION FOR TESTING

Horses are selected for testing on a random, targeted or competition success basis.

If your horse is selected for testing:

- A steward or the testing official will inform you, usually as you are leaving the competition area.
- You must promptly comply and follow the instructions of the steward or testing official.

SELECTION FOR TESTING (CONTINUED)

- You must stay with the horse or arrange for a groom or other appropriate representative to be present throughout the whole procedure.

NOTE Competitors under the age of 18 must be accompanied by their representative, who must be over 18 years of age.

SAMPLE COLLECTION PROCEDURE

STEP 1 Notification

- The Testing Official will approach you and inform you that your horse has been selected for testing.
- From the moment of Notification your horse must remain within the sight of the Testing Official.
- You will be asked to produce the horse's passport.

STEP 2 Reporting for testing

- After Notification you (or your representative) and the horse must accompany the Testing Official to the testing facility.
- At the testing facility the Testing Vet will positively establish the identity of the horse.
- If you intend to apply for an NETUE you must submit a Medication Form to the Testing Vet at this stage.

STEP 3 Testing

- You (or your representative) will be asked to observe the opening of the Testing Kit. You must ensure that the Testing Kit is sealed, clean and has not been tampered with.
- The Testing Vet will wait one (1) hour for the horse to urinate. If a urine sample is not produced in that timeframe, the vet will take only a blood sample. If a urine sample is produced, the vet will also take a blood sample.

STEP 4 Urine collection

- The Testing Vet will collect urine using the sealed individual collection bag from the Testing Kit.
- The Testing Vet will divide the horse's urine sample between the two plastic bottles from the Testing Kit to form an A and a B sample.
- The bottles will be inserted into two separate security bags from the Testing Kit.

STEP 5 Blood collection

- The Vacutainer tubes and needles will be taken from the Testing Kit.
- After cleansing the site with the disinfectant swab from the Testing Kit, the Testing Vet will collect blood in the Vacutainer tubes.
- These will be divided into A and B samples and inserted into separate security bags from the Testing Kit.

SAMPLE COLLECTION PROCEDURE (CONTINUED)

STEP 6 Recording and certifying sample collection

- The Testing Vet will record the sample bar code numbers on the Medication Control Form.
- You should check that the information on the Form is accurate.
- If you are satisfied that the information is correct, sign the form.
- The Testing Vet will give you part of the Medication Control Form for you to keep.

STEP 7 Notification of results

- If your horse's sample is negative, you will not be notified.
- If your horse's sample returns a positive result, you will be notified by the BEFAR administrator, at which point the results management process will commence.

MEMBER BODIES



CONTACT INFORMATION

BEFAR Office
befar@bef.co.uk

PROHIBITED LIST
www.feicleansport.org